

## CLAIMS

1. A crystal of (R)-2-[[[3-methyl-4-(2,2,2-trifluoroethoxy)-2-pyridinyl]methyl]sulfinyl]-1H-benzimidazole or a salt thereof.  
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2. A crystal of (R)-2-[[[3-methyl-4-(2,2,2-trifluoroethoxy)-2-pyridinyl]methyl]sulfinyl]-1H-benzimidazole.
3. A crystal according to Claim 2 wherein the X-ray powder  
10 diffraction analysis pattern has characteristic peaks at interplanar spacings (d) of 11.68, 6.77, 5.84, 5.73, 4.43, 4.09, 3.94, 3.89, 3.69, 3.41 and 3.11 Angstrom.
4. A pharmaceutical composition which comprises the crystal according to Claim 1.
- 15 5. A pharmaceutical composition according to Claim 4, which is for treating or preventing digestive ulcer.
6. A method for treating or preventing digestive ulcer in a mammal in need thereof which comprises administering to said mammal an effective amount of the crystal according to Claim  
20 1 with a pharmaceutically acceptable excipient, carrier or diluent.
7. Use of the crystal according to Claim 1 for manufacturing a pharmaceutical composition for treating or preventing digestive ulcer.